Forest Park High School 10th Grade Parent Workshop



Empowering Students to Excel

Counselors



Ms. Linder A-Cal



Ms. Phalan Mas-Por



Ms. Smith Cam-E



Mrs. Neace Pos-Stan



Ms. Flores F-Ib



Mrs. Young Ic-Mar





Ms. Pineda Star-V, Z

Mrs. Fitzpatrick W-Y College/Career

School Counseling Other Staff



Social Worker Mr. DeAngelo



Registrar Mrs. Scowcroft



Psychologist Ms. Parker



New Horizons Counselor Ms. Popovich



Testing Coordinator Mrs. Wyatt



Director Mr. Smith



Secretary Mrs. Geisinger

PSAT Results:

- Sophomores who participated in PSAT testing received their score report in January.
- We reviewed their score reports and helped them set-up a CollegeBoard & Khan Academy account

Your Total Score

Your Nationally 28th Sample Representative 28th Percentile

Keep in mind, the PSAT/NMSOT"

and SAT are on the same scale.

Your score shows you how you would have scored that day on the SAT^e.¹ How well you

do depends on what you do next

860 320 to

Your Math Score

480 160 to 760

You are on track for college readinger

progress. Start now with your free,

for you on khanacademy.org/sat

rsonalized recommendations waiting

47th Sample

If you need more resources on how to interpret the PSAT results visit:

Your Evidence-Based

Reading and Writing Score

380 | 160 to 760

18th

Let's get you back on track, so you

lege. You have free, persor

https://www.sat.org/new



What are the Benefits of Taking the PSAT/NMSQT[°]?

- Helps to prepare for the SAT[®]
- Get free, personalized, and focused practice through Khan Academy[®]
- Start getting ready for college with college and career planning tools
- Enter the National Merit[®] Scholarship Program
- See which AP[®] courses you might be ready for
- Get admission and financial aid information from colleges



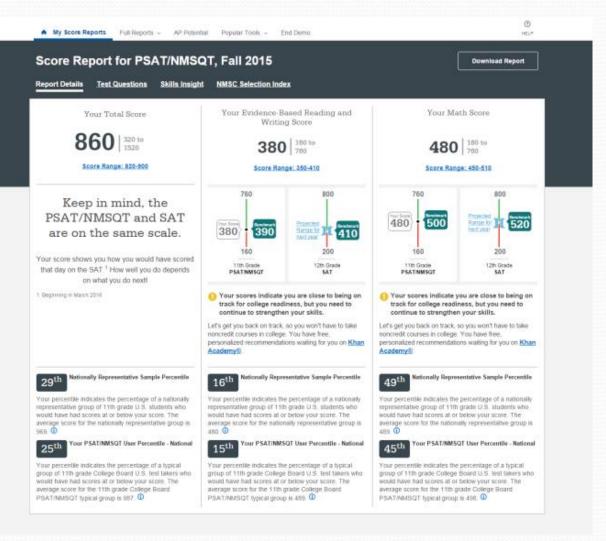
Next Steps

How Do I Access My Online PSAT/NMSQT[®] Scores and Reports?

1. Log in to an existing College Board account or create a new one at **studentscores.collegeboard.org**

	CollegeBoard	SAT	AP	College Planning	College Search	Store	More 🗸	Search	٩			
Usemame usema usemame usemame	My Score Repo	rts										
Sign In personalized feedback, practice, college planning and career exploration resources. Usemame See all your scores and if you are on track for college readiness Detailed explanations of skills required to be colleger Send your scores to Khan Academy® for personalize practice recommendations Sign In Sign Up Forgot username or password? Start on your scholarship and college financial aid pla Take a personality test to find majors and careers fit you Get feedback on your readiness Get feedback on your readiness Middle init												
 See all your scores and if you are on track for college readiness Detailed explanations of skills required to be college in Send your scores to Khan Academy® for personalize practice recommendations Search for colleges that fit your needs Start on your scholarship and college financial aid plate. Take a personality test to find majors and careers fit you Get feedback on your readiness 	Sign In									d		
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Search for colleges that fit your needs Search for colleges that fit your needs Start on your scholarship and college financial aid pla Take a personality test to find majors and careers fit you Get feedback on your readiness		\mathcal{I}			 Send 	your sco	res to Kha	n Academy®		-		
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How Do I See My Detailed Scores?



Helpful Tips for Students

- Be sure to balance your course requests with your extracurricular activities.
- Once a student has met the SOL requirement, they no longer need to test. If you passed math, science, and social studies last year, you will not test this year.
- Work Permits: DOLI website, <u>www.doli.virginia.gov</u>
- Absences: only 5 days to bring in an excuse!
 5 or more unexcused absences = Attendance contract





School Counselors will be meeting with Sophomores⁴ from February 19th– 24th

- **Step 1-** (Jan. 15th– Jan. 27th) Teachers will be inputting course recommendations for students. Students speak with teachers regarding placement.
- **Step 2-** (Jan. 28th Feb. 3rd) Studentsinput course selections in Student VUE. At this time both students and parents will be able to review teacher recommendations that have been previously recorded in Parent Portal. Students must use the web application and not the mobile app to make requests.
- **Step 3** (Feb. 19th Feb. 24th)- 10th grade students will meet individually with their counselor during a scheduled time through HPE class to review, discuss and select course requests and academic progress.
- Step 4- Students will receive a copy of course requests in the mail to review with parents and make changes if necessary. The final day to make changes to course requests is June 12th, 2020.

*Course Catalog is available for SY 2020-2021 at www.pwcs.edu

Scheduling Recommendations:

- Consider your child's individual commitments, abilities, and interests
- Use Teacher Recommendations when making decisions, if you don't agree have a discussion with the teacher
- Encourage them not to compare themselves to their peers- select courses that work best for <u>THEM!</u>
- Make adjustments as needed- students can be recommended for all AP/DE and higher level classes however this is not best for all students
- Better to excel in areas of strength than to overwhelm your child with a plate that is "too full"
- Discuss how their course selections meet their post secondary plans!
- Please note: All schedule changes must be submitted by June 12th!

Dual Enrollment Offerings

- Juniors can take DE English and history courses next year.
- DE courses are a full extra weight.
- Be sure to check if the 4 year colleges you are applying to will accept the credit.
- Students can earn up to 24 DE credits in 2 years.
- Students need to complete an application and have qualifying test scores in English and math.

Diploma Types

Advanced Diploma

Standard Diploma

English Math Science Social Studies HPE World Lang. **Economics** and Personal Finance **Fine Art/CTE** Electives (2 must be sequential)

4 Credits 4 Credits 4 Credits 4 Credits 2 Credits 3 of 1 / 2 of 2

1 Credit 1 Credit **3** Credits

English 4 Credits Math **3** Credits Science 3 Credits **Social Studies 3** Credits HPE World Lang. **Economics** and Personal Finance 1 Credit Foreign Language/ **Fine Art/CTE** Electives (2 must be sequential)

2 Credits not required

2 Credits 4 Credits

****CTE Credential required****



Total= 26 Credits

Standards of Learning (SOL)

State of Virginia Standardized Testing

English Math Science Social Studies English 11 (Reading/Writing) Alg I, Geom, Alg II Earth Sci, Bio, Chem Wld Hist. I, Wld Hist. II, US/VA Hist.

Advanced Diploma

Total of 5 English (2) Math (1) Sci (1) SS (1)

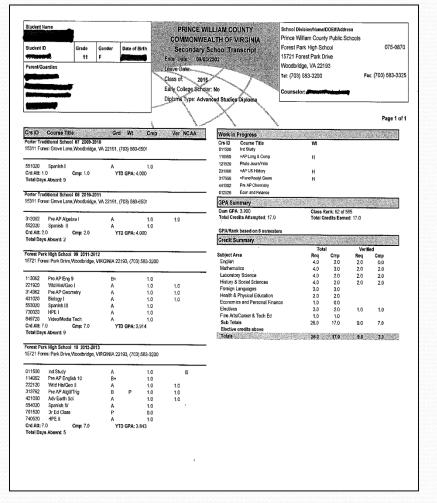
Standard Diploma

Total of 5 English (2) Math (1) Sci (1) SS (1)

Transcript – Everything Counts

an official record of a student's classes, grades, credits, GPA and class rank

Sample 1 – student doing well



Student Name PRINCE WILLIAM COUNTY School Division/Name/DOE#Addres Prince William County Public Schools COMMONWEALTH OF VIRGINIA 075-0870 Forest Park High School Student ID Grada Gender Date of Birth Secondary School Transcript 11 15721 Forest Park Drive Enter Date: 09/06/2005 Woodbridge, VA 22193 Parent/Guardia Leave Date Fax: (703) 583-3325 Tel: (703) 583-3200 Class of 2014 Early College Scholar: No Diploma Type: Standard Diplom Page 1 of 1 Crs ID Course Title Grd Wt Cmp Ver NCAA Credit Summary Forest Park High School 09 2010-201 Tota Verified 15721 Forest Park Drive Woodbridge, VA 22193, (703) 583-3325 Subject Area Cmp Req Cmp English 4.0 2.0 2.0 0.0 Mathematics 3.0 20 1.0 1.0 113020 English 9 1.0 Laboratory Science 3.0 20 1.0 1.0 221920 Wid Hist/Geo I 10 1.0 History and Social Studies 30 10 1.0 10 313020 Algebra I 10 1.0 Health & Physical Education 2.0 2.0 431020 Biology I 1.0 1.0 Fine Arts/Career & Tech Ed 1.0 10 551020 Spanish I 1.0 Electives 6.0 4.0 1.0 10 615220 Word Processing 1.0 Sub Totals 22.0 140 60 40 730020 HPE1 1.0 Elective credits above Crd Att: 7.0 Cmp: 7.0 (TTD GPA: 2.257) Totals 22.0 14.0 58.0 4.0 Total Days Absent: 11 Forest Park High School 10 2011-2012 15721 Forest Park Drive, Woodbridge, VIRGINIA 22193, (703) 583-3200 114020 English 10 1.0 222120 Whid His/Geo II 1.0 1.0 E Geometry 314320 0.0 441020 Chemistry 1.0 1.0 552020 Spanish II C+ 1.0 611520 Prin Bus/Mk 1.0 701520 Dr Ed Class 0.0 *summer school 740520 HPE II 1.0 will NOT replace Crd Att: 7.0 Cmp: 6.0 (YTD GPA: 1.686 Total Days Absent: 7 a bad grade Stonewall Jackson High School Summer School 10 2011-2012 8820 Rixlew Lane, Manassas, VIRGINIA 20109, (703) 365-2900 (TTD GPA: 1.000) 314320 Geometry 1.0 10 SS Crd Att: 10 Cmp: 1.0 Total Days Absent: 2 **GPA** Summary Cum GPA: 1.907 Class Rank: 0 of 0 Total Credits Attempted: 15.0 Total Credits Earned: 14.0 GPA/Rank based on 5 semesters

Sample 2 – student doing poorly

Promotion Requirements

11th Grade 11 credits

(6 must be from required courses)

12th Grade

16 credits(9 must be from required courses)



2019-20 Interim & Report Card Dates

REPORT CARDS

FIRST SEMESTER (90 DAYS) First 9 Weeks (47 DAYS) August 26 — November 1

Second 9 Weeks (43 DAYS) November 4 – January 24

<u>SECOND SEMESTER (90 DAYS)</u> Third 9 Weeks (43 DAYS) January 27— March 27

Fourth 9 Weeks (47 DAYS) March 30—June 12 February 4

November 13

April 14

mailed by June 22nd



Confidentiality

Conversations are kept confidential <u>unless</u> someone is being hurt or is involved in something illegal.



Confidentiality Statement:

"If you tell me that someone is hurting you or you intend to hurt yourself or someone else, or that you are involved in something illegal, I must tell someone."

this includes suicide, pregnancy, abortion, communicable diseases, and alcohol/drug abuse

Parent-Teacher Conference Information

Forest Park High School encourages parents to communicate with teachers in a variety of ways.

•All parents should use Parent Portal to monitor grades as well as School Messenger or Google Classroom to stay updated on instruction, assignments, and upcoming events in each of their child's classes.

• Parents may also request to receive a progress report from a teacher via e-mail.

•If a parent/guardian has a question about their child's progress, we ask that they follow the protocols below:

Prior to requesting a parent-teacher conference:

•Check Parent Portal for grades/progress that may answer your question(s).

•If your question(s) is not answered through Parent Portal, call/email (703-583-3200) the teacher(s) with whom you would like to speak or from whom you would like to receive information. Contact information is included on the staff directory or on the teacher's webpage.

•If, after a period of ongoing phone or e-mail contact, you feel it is necessary to schedule a face-to-face meeting, you should contact the teacher to arrange a mutually convenient time to meet.

•If three or more teachers will be involved in the conference you are requesting, please contact the School Counseling Department (571-589-3437) and speak to your child's School Counselor. **These conferences are scheduled at 2:15pm, Monday through Thursday.**



For reference, the counseling assignments are:

- Aimee Linder A-Cal
- Tiffany Smith Cam-E
- Judith Flores F-Ib
- Rebecca Young Ic-Mar
- Anna Phalan Mas-Por
- Elisabeth Neace Pos-Stan
- Fatima Pineda Star-V, Z
- Erin Fitzpatrick
 W-Y

Athletic Eligibility Requirements

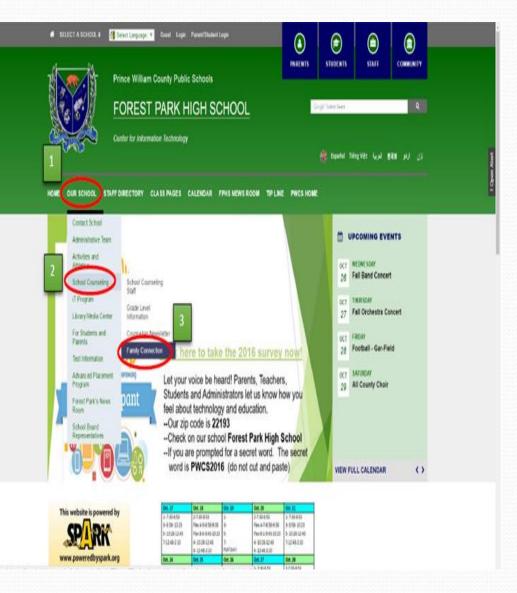
- Must pass 5 subjects by the end of the semester and year to be academically eligible for Virginia High School League activities
- Must earn at least three D's and two C's every 9 weeks to remain eligible (Prince William County School Board regulation)

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Naviance Student

What is it? A resource tool to help you navigate through high school; make goals, plan for college, build a resume & more Where is it?

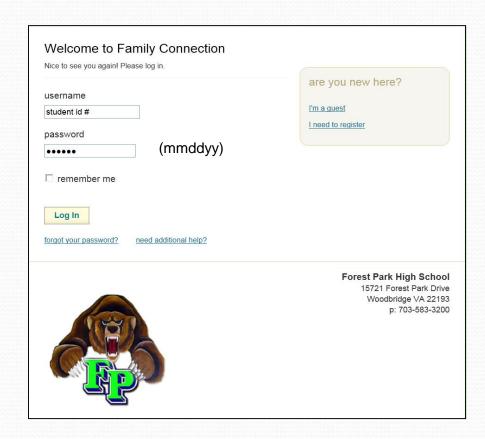
Access it through Forest Park's webpage



Naviance Student

Let's get started! \rightarrow Login

- •User name: student id #
- Password: 8-digit birth date For example:
 - •Born August 26, 2000
 - •08262000



Naviance Student

*Build a Resume *Career Interest Inventories *Request an Official High School Transcripts *See What College Reps are Visiting *Scholarships

	English 🗸 🖓 Give feedback 🔀 🚧 new messages LOG OUT
↔ Naviance <i>Student</i>	Home Colleges Careers About Me My Planner
Welcome, Madison!	
Search for Colleges Y Type a college name	SEARCH
Welcome Forest Park Bruins!	My Favorites
We are pleased to introduce Naviance Student from Naviance, a web-based service	COLLEGES I'm thinking about
designed especially for students and parents. Naviance Student is a comprehensive website that you can use to help in making decisions about courses, colleges, and careers. Naviance Student is linked with Counselor's Office, a service that we use in	COLLECES I'm applying to
our office to track and analyze data about college and career plans, so it provides up- to data information that's specific to our school. Place contact our Counceling Office Read more	CAREERS AND CLUSTERS I'm thinking about
Important To-Dos and Tasks	What's New
Relax, you have no overdue or upcoming to-dos and tasks. However, you can get ahead by going to My Planner to see what's next or create a goal or to-do.	Norfolk Stake University/information/on-site admissions sessions will be visiting your school on Tuesday, February 19th, 2019 at 1:00 pm more info

😵 N	aviance Student	Home Colleges Careers About Me My Planner	
	Colleges		
	💊 Type a college name	SEARCH	
	MORE COLLEGE SEARCH OPTIONS		
	Find Your Fit	Research Colleges	
	SuperMatch®	COLLECES I'm Thinking About	
	College Match	College Compare	
	Scattergrams	College Resources	
	Advanced College Search	Acceptance History	
	College Lookup	Enrichment Programs	
	Show less	College Maps	
		Show less	
	Apply to Colleges	Scholarships and Money	
	fin applying to	Scholarships I'm Applying To	
	Letters of Recommendation	Scholarship List	
	College Events	Scholarship Match	
	Manage Transcripts	National Scholarship Search	
	Test scores	Show less	
	Show less		
	College Visits		
	Tue 19 01:00PM Norfolk Stake University/information/on-site admissions		
	MARCH Tue 12 ASVAB Testing - Spring 07:45AM		

Q & A Visit Our Website **Thank You For Coming**

~FPHS SCHOOL COUNSELING STAFF~

