

Welcome

Class of '27 to
Senior Bootcamp!

Your senior year journey
to an amazing future starts
NOW!



Agenda

- ❖ Welcome and Introductions
- ❖ Important dates/events
- ❖ SAT/ACT Information
- ❖ Military
- ❖ Careers
- ❖ College
- ❖ Naviance
- ❖ Common App
- ❖ Sessions
- ❖ Questions



School Counselors to Guide You



Mr. Steve Smith
Director



Ms. Aimee Linder
A-Bar



Ms. Caroline Kondek
Bark-Clark



Ms. Meredith Baker
Clay-Fac



Ms. Judith Flores
Fah-Harb



Ms. Elena Jessup
Hard-Kha



Mr. Joseph Lederman
Khad-McComb



Mrs. Chantel Pitts
McCor-Osei



Mrs. Anna Phalan
Oso-Rol



Mrs. Helenann Song
Rom-Thap



Erin Fitzpatrick
Thom-Z



Mrs. Ruth Rodriguez
College & Career

School Counseling Staff



Mrs. Olga Geisinger
Transcript Secretary



Mrs. Pam Wyatt
Testing Coordinator



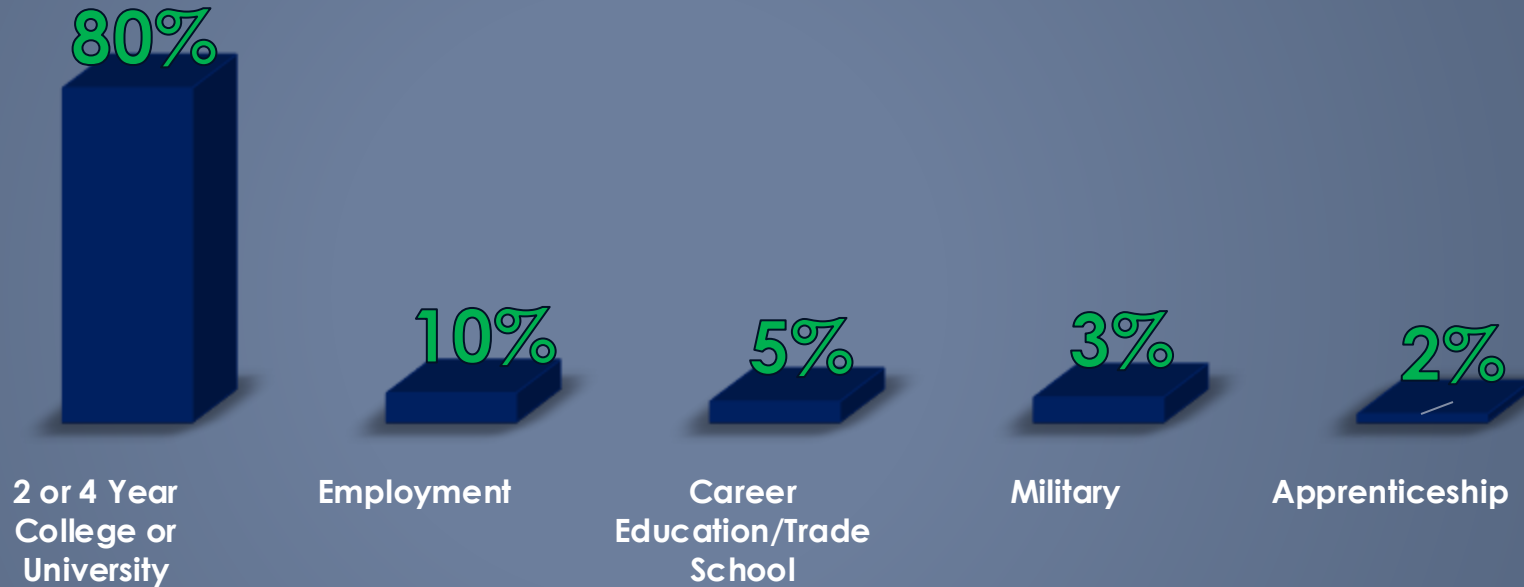
Mrs. Brenda Paniagua
Administrative Assistant



Ms. Nuvia Richardson
Registrar

Class of 2026

Where did our Bruins Go?



Senior Classroom Visit & Meetings



- ▶ The Senior visits goal is to provide specific details and more in-depth information regarding transcripts, Letter of recommendation requests, College application process, career options, and more.
- ▶ Counselors will meet individually with each senior.
- ▶ Begin August 31st through English 12 classes.

A blurred background image showing a large group of graduates wearing blue caps and gowns, with a focus on a graduate in the foreground wearing a red gown.

Class of '27 Dates to Remember

- ▶ **Monday, August 24th ~ Senior Sunrise**
- ▶ **Tuesday, September 22nd ~ College Admissions Rep Visits Start**
- ▶ **HBCU Mini Fair during Lunch Periods in September**
- ▶ **Thursday, October 8th ~ PWCS College & Career Fair @ Gainesville HS from 6-8pm**
- ▶ **VDOT Career Fair in October**
- ▶ **Wednesday, October 14th ~ ALCANZA College Fair**
- ▶ **Wednesday, October 14th ~ PWCS College & Career Fair @ Forest Park High School from 6-8pm**
- ▶ **Week of October 18th – 30th ~ Virginia College Application Week**
- ▶ **Thursday, November 10th ~ ASVAB Test**
- ▶ **Friday, November 13th ~ Senior Interview Day**

SAT and ACT Dates

SAT

Register: <https://www.collegeboard.org/>

August 22, 2026

September 12, 2026

October 3, 2026

November 7, 2026

December 5, 2026

March 6, 2027

ACT

Register: <https://www.act.org/>

September 19, 2026

October 17, 2026

December 12, 2026

February 27, 2027

You Have Choices!



Military



Trade School/
Apprenticeship



Career



Community
College



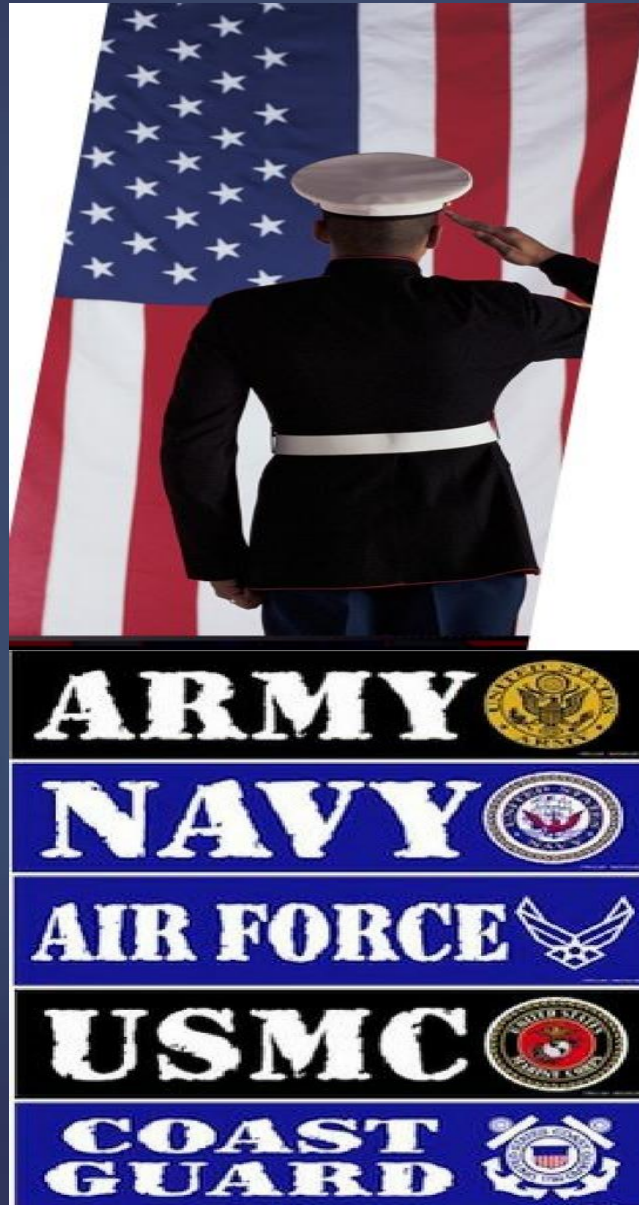
4 Year College
or University

- Choose the path that is right for **YOU!**
- **USE Naviance** to explore careers and interests
 - Use Naviance to research colleges

Planning for a Military Career

Pathways

- ▶ Enlistment
- ▶ ROTC
- ▶ Military College
- ▶ Military Academy



- ▶ Military Recruiters from different branches will set up tables during lunch periods certain days a week.
- ▶ If your student is interested in the military, we are hosting the **ASVAB** test on:
 - November 10th
 - March 4th

Business/Trade/Technical Schools & Apprenticeships

Benefits

- Special emphasis on education and training in technical fields
- Typically, a quicker route to skilled employment
- Many programs lead to an A.S. or an A.A. degree
- Increased earning potential in specific trades – Examples: plumber, electrician, auto mechanic, aviation maintenance, construction manager)
- Earn while you learn.



Trades & Apprenticeships



On the Job trainings with classroom instruction

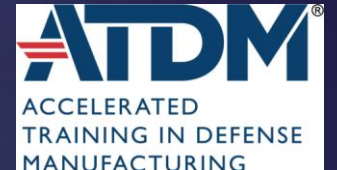
- ▶ Lockheed Martin
- ▶ PWC Facilities & Fleet Management
- ▶ Northern Virginia Building Trades
- ▶ IBEW Local 25
- ▶ Local 1, Local 5
- ▶ Steamfitters Local 602
- ▶ Micron



SKILL TRADES

Specialized instruction and training that prepares you for a specific career

- ▶ Cosmetology Schools
- ▶ Automotive Programs
- ▶ Aviation Institute of Maintenance
- ▶ Dental Assistant programs
- ▶ Pharmacy Tech
- ▶ Ultimate Health
- ▶ GUTTS
- ▶ ATDM
- ▶ Welding



Community/ 2-Year College

- Earn an Associate's Degree or complete the first two years of Bachelor's Degree
- Offers specialized courses of study where students can earn a certificate in an intensive training program (e.g. fashion design, automotive technology, food services, paralegal studies)
- NOVA Guaranteed Admission Agreements
- Reduced Cost and Open Admissions





4 Year College/University

Offers Bachelor's and Master's degrees
and sometimes Doctorate degrees

Types of 4-year colleges:

- o Public (i.e. GMU, VCU, UVA)
- o Private (i.e. Univ. Of Richmond;
Marymount)
- o In-state
- o Out- of -State



FIRST & MOST IMPORTANT—

Whatever your choice, you will need us to send a transcript.

The FPHS **Academic Consent Form** **MUST** be submitted to the Counseling secretary before your transcripts are released.

*****Students will not be able to request transcripts in Naviance until this form is submitted and recorded.***

See Ms. Geisinger today if you need a copy or to confirm submission.

Also, copies will be available in Canvas and in the FPHS Counseling office.



Forest Park High School

15721 Forest Park Drive, Woodbridge, VA 22193 703-583-3200

ACADEMIC CONSENT FORM

I, _____, authorize Forest Park High School to
(Parent/Guardian's Name)
release any information for _____ that is requested
(Student's Name)
from his/her cumulative record (to include initial transcript, mid-year transcript/report, and final transcript) by any colleges/universities, employers, military branches, athletic recruiters or scholarship agencies.

I have read and understand the Official Transcript Request Instructions.

(Parent/Guardian's Signature)

(Date)

(Student's Signature)

(Date)

FPHS OFFICE USE ONLY:

Date Received

Date recorded in Naviance

Naviance:

A tool to help students navigate college and career research and preparation.

In Naviance, You will:

- Complete your **ACP Vision Plan**
- Complete your **Self-Assessment** (For FPHS for letters of recommendation).
- **Research colleges and careers**
- **Match** your Common App to Naviance
- Request **transcripts for colleges you're applying to and scholarships**
- Request **letters of recommendation from teachers**
- Register/Sign up for **college visits and other postsecondary events.**
- **SEARCH FOR SCHOLARSHIPS**





12th Grade



DR

EN



Close Demo

Demo's Future Planning

Select Path

Your next task

Required

Oct 15, 2026

26-27 12th Grade ACP Vision Plan

Not started

Review details



Your other tasks

0%

0 of 2 tasks completed

Access your complete task list from My tasks in the Planner

Go to my tasks

Welcome to Naviance

Greetings, **Class of 2027!**

Congratulations! You made it-- **Senior Year has finally arrived!**

We are so excited to welcome you back and join you in this final leg of your FPHS journey. I am Ms. Rodriguez and I and your school counselor are thrilled to be joining you as you make your way into life after FPHS. My sole job is to assist and guide you in planning and stepping into a successful future. We know that there is no "one size fits all" for planning for life after high school and encourage every Bruin to use Naviance Student as a primary resource in exploring and

Read More

Additional Information from Your School

Career Essentials

Important Skills



Top Knowledge Sets



What's New



Marist University will be visiting your school on Tuesday, September 22nd, 2026 at 10:00 am [more info](#)



Randolph-Macon College will be visiting your school on Wednesday,



Naviance

Home

Self-Discovery

Courses

Careers

Colleges

Planner



Demo

2



DR

EN



Close Demo



College Home

Find Your fit

SuperMatch College Search

College Match

College Events

Scattergrams

Advanced College Search

College Lookup

Research Colleges



Colleges I'm Thinking About

College Visits

College Compare

College Resources

Acceptance History

Enrichment Programs

College Maps

Apply to College

Colleges I'm Applying to

Manage Transcripts

Letters of Recommendation

Test Scores

Scholarships & Money

College Specific Scholarships

National Scholarship Search

Scholarship Search



Favorite Scholarships

College Path Highlights

Search for a College

hope to get to you all soon.

Read More

Additional Information from Your School

Tasks from My School

Relax, you have no overdue or upcoming to-dos and tasks. However, you can get ahead by going to My Planner to see

13



Students Must Match their Common App account to Naviance to apply to Common App schools



Colleges I'm Applying To

 It looks like you are not currently able to apply to Common App schools. Match your Common App account to Naviance Student account to get started.

[Match Accounts](#)

 Your parent/guardian must give you consent for you to request transcripts. Contact your counseling office if you think this is a mistake

 [Manage Transcripts](#)  [Application Milestones](#)  [Compare Me](#) 

 = extended profile available

 Remove

College that I'm Attending:

[Update](#)

Letters of Recommendation

Some colleges require letters of recommendation to be submitted with your application. Please visit the [letters of recommendation section](#), accessible from the main colleges page, for more information

Searching for Scholarships

Scholarships & Money

College-Specific Scholarships National Scholarship Search Scholarship Search Favorite Scholarships

Scholarships are a form of aid that does not have to be repaid. The list below contains scholarships or financial aid awards that may be relevant for you, based on information pulled from your profile. Select the “Match and Filter” button to apply more criteria or select “Clear Filters” to view all available scholarships.

🔍 Search all scholarships

Search

Sort by

Deadline ▼

Clear Filters

Match and Filter

> [scholarships for minorities](#)

Maximum Award

📖 Favorite

> [The Gates Scholarship](#)

📅 Deadline
09/15/2025

Maximum Award
Varies

📖 Favorite

> [Prince William Chamber of Commerce Scholarship](#)

📅 Deadline
02/07/2026

Maximum Award
\$2500

📖 Favorite

> [Old Dominion Chapter of the Links, Inc. Scholarship](#)

📅 Deadline
02/28/2026

Maximum Award
Varies

📖 Favorite



Letters of Recommendations

AKA LORS

It is your responsibility to provide necessary and relevant information to teachers and counselors.

**Complete Self-Assessment in NAVIANCE
(required)**

Provide a resume (optional)

****Request 5-10 days before deadline**

OFFICIAL TRANSCRIPT REQUEST INSTRUCTIONS

APPLY EARLY!!! - turn in ten (10) school days prior to deadline date

1. Submit completed/signed Academic Consent Form to Mrs. Geisinger. You will not be able to request transcript(s) on Naviance Student until this step is completed.
2. Naviance Log In: Open a web browser and visit <https://login.classlink.com/my/pwcs>. Enter the student's PWCS username (do not include @pwcs-edu.org). Enter the student's PWCS password, Click on Naviance app icon.
3. Requesting a transcript: Colleges – Colleges I'm applying to – click big blue plus sign – from the drop-down menu choose which college you are sending the transcript to – from the drop down menu choose type of decision – confirm how I'll submit my application (if it applies) – check the box for I've submitted my application – click on Add And Request Transcript
 -  – need to apply through Common Application, make sure to complete FERPA on Common App and match it with Naviance account
 -  – electronic submission
 -  – by mail only
- For college application requests, select the type of application (Regular, Early Action, etc.) Selecting the correct application type is very important, it will determine which deadline is entered for your request.
4. To complete the college request, submit the Official Transcript Request form to Mrs. Geisinger, the School Counseling Secretary. If the college that you apply to accepts the application only by mail there is an envelope sign  in the Submissions Column and you will need to submit a large envelope with a return address of: (Student Name), Forest Park HS, 15721 Forest Park Drive, Woodbridge, VA 22193, addressed to the college with enough postage for FPHS to add 4 pieces of paper (3+ stamps recommended) to the School Counseling Secretary. **If applicable, when submitting envelope, attach your application, secondary school report form, recommendation(s), resume, and essay.
5. To complete the scholarship or other request that you will pick-up, request it on Naviance Student account as "Other Transcript" and submit a regular white envelope to the School Counseling Secretary.

** Letters of recommendation from teacher(s) (if required) are sent directly to the college by your teacher through Naviance/Naviance Student. You will need to request a letter of recommendation through your Naviance Student account (Colleges Home → Apply to Colleges Tab → Letters of Recommendation → Add Requests → Select a teacher from the list and Specify the College/University you would like them to write a recommendation), inform teacher(s) if it is a Common App school, and please **follow up with teacher(s) in person and provide teacher(s) with your resume**

** Please note that official SAT/ACT scores will not be sent from Forest Park. All test scores must be sent directly from College Board or ACT.

****the 10-school day processing time begins after all steps (#1-5) have been completed & School Counseling has received official transcript request form ****

Note: Mid-Year Transcripts are automatically sent out in February & Final Transcripts are automatically sent out in June

** Check status of Transcript Request on Naviance Student <https://student.naviance.com/forestpark> **



OFFICIAL TRANSCRIPT REQUEST



NAME _____ DATE _____
Last First Submitted

REQUEST COUNSELOR RECOMMENDATION ___(YES); ___(NO) Student Signature _____

FOR COUNSELOR RECOMMENDATION, SELF-ASSESSMENT SURVEY MUST BE COMPLETED IN NAVIANCE

FOR FPHS USE ONLY

COLLEGE _____	deadline date _____	<u>type of appl. CA--NACAC--MAIL</u>
COLLEGE _____	deadline date _____	<u>type of appl. CA--NACAC--MAIL</u>
COLLEGE _____	deadline date _____	<u>type of appl. CA--NACAC--MAIL</u>
COLLEGE _____	deadline date _____	<u>type of appl. CA--NACAC--MAIL</u>
COLLEGE _____	deadline date _____	<u>type of appl. CA--NACAC--MAIL</u>
COLLEGE _____	deadline date _____	<u>type of appl. CA--NACAC--MAIL</u>
COLLEGE _____	deadline date _____	<u>type of appl. CA--NACAC--MAIL</u>
COLLEGE _____	deadline date _____	<u>type of appl. CA--NACAC--MAIL</u>
COLLEGE _____	deadline date _____	<u>type of appl. CA--NACAC--MAIL</u>

**** SUBMIT REQUESTS AT LEAST TEN (10) SCHOOL DAYS PRIOR TO DEADLINE DATE****

All transcript requests must be submitted using the Naviance program. Transcripts should only be requested once you have completed your college application(s). After requesting your transcript through Naviance, please complete this form and bring it to Mrs. Geisinger in the Counseling Office.

FOR FPHS USE ONLY

Date Rec'd	To Counselor	From Counselor	Date Mailed



**REMINDER! REMINDER!
REMINDER!**

Request your transcript early!!

Just a friendly reminder that some college application deadlines are coming up:

<i>If your deadline is:</i>	<i>make complete transcript request by:</i>
10/15/26	10/01/26
11/01/26	10/16/26
11/15/26	10/30/26
12/01/26	11/10/26
12/15/26	12/01/26
01/01/27	12/07/26
01/15/27	01/04/27
02/01/27	01/15/27
03/01/27	02/12/27
03/31/27	03/09/27
04/15/27	04/01/27
05/01/27	04/19/27

****Note:** 10-school day processing time begins after we receive the complete request; this includes the Naviance Student online request (Transcripts should only be requested once you have completed your college application(s) and the Official Transcript Request Form. Once we receive everything in full, we begin processing your request and get them out within 10-school days.

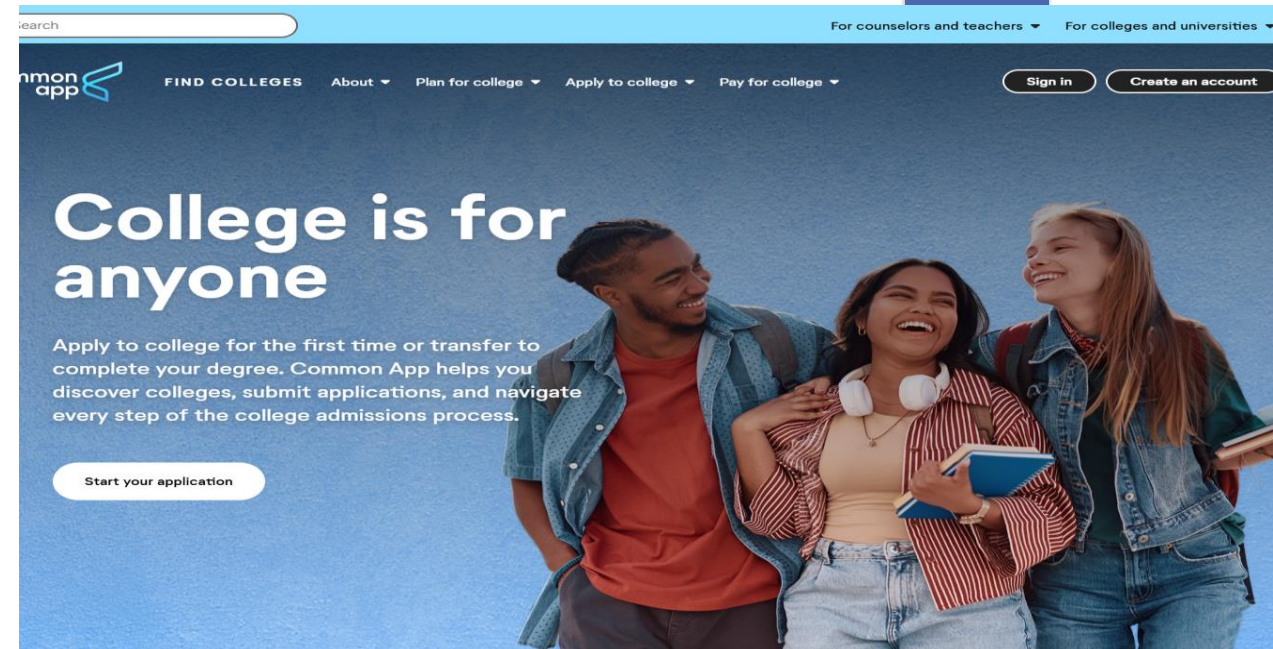
Don't Miss the
DEADLINE!



THE COMMON APPLICATION

WHAT IS THE COMMON APP?

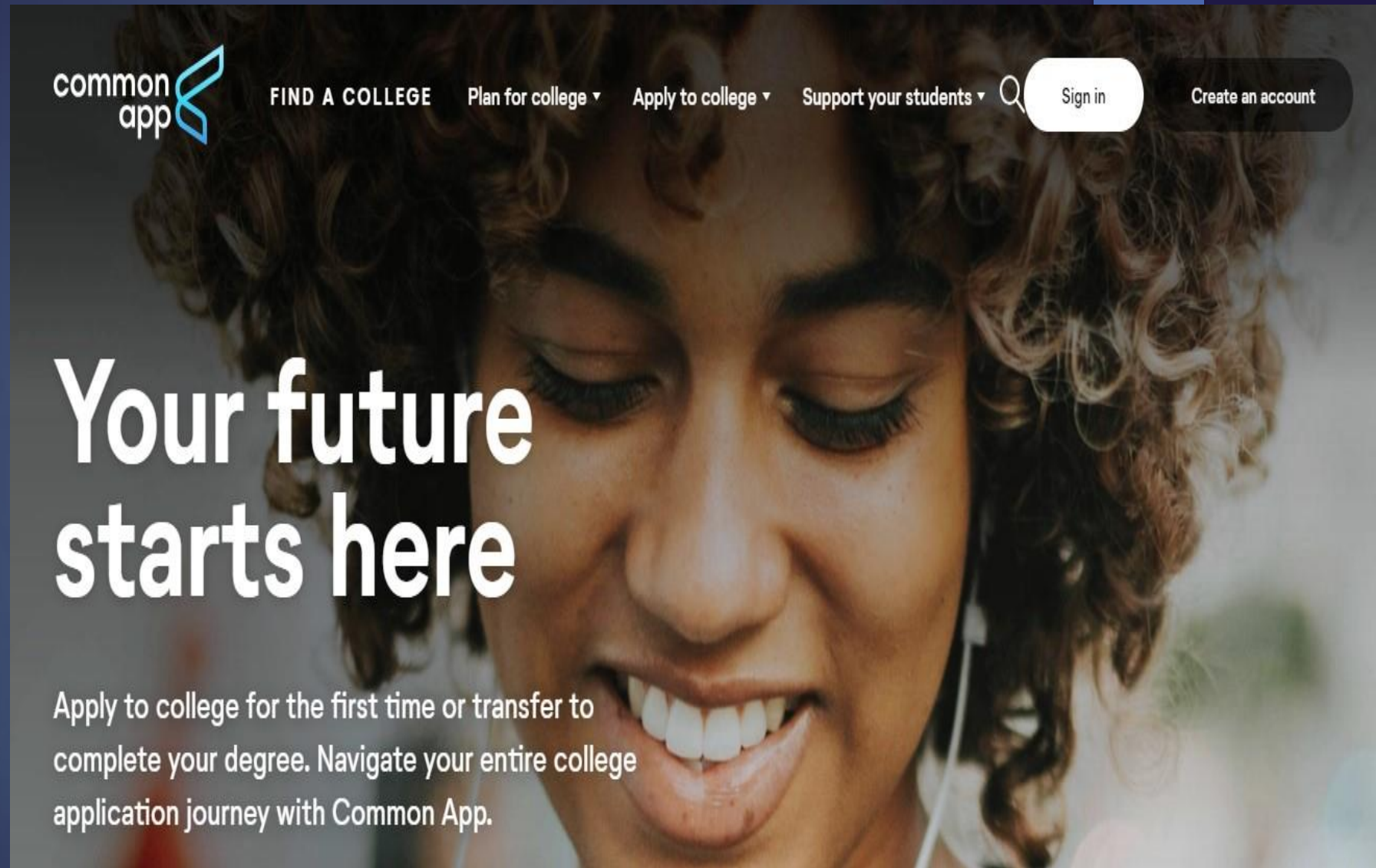
- ▶ Common App is a free college application tool used to making the college application simpler, faster and easier. You can apply to multiple colleges and universities in one place.
- ▶ The website is also designed to provide students and families with tools and resources on the many aspects of the college application process.



COMMON APP

The Common App offers multiple resources for students:

- ▶ Plan for College
- ▶ Paying for College
- ▶ First-Year Applicant Guide
- ▶ Essay Writing resources and prompts
- ▶ Toolkit & more



COMMON APP

WHAT TO DO?

Once you have created your account, you can:

- **Complete the main application under the Common App Tab**
- **Add Colleges under the College Search Tab**
- **Complete the supplemental College questions and essays under the My Colleges Tab**

The screenshot shows the Common App dashboard for a practice account. The top navigation bar includes the Common App logo and a home icon. The left sidebar contains links to 'Dashboard', 'My Common Application', 'My colleges', 'College search', 'Direct admissions', 'Financial aid', 'Settings', and 'Sign out'. The main content area features a yellow warning banner at the top stating: 'This is a practice account. It cannot submit applications to colleges. If you'd like to change your account type, please review our [practice account FAQ](#) for more information.' Below this is a blue header with a line-art illustration of a person sitting and reading, and the text 'Good evening, Ruth!'. The main content area is divided into two sections: 'Dashboard' and 'My Common Application'. The 'Dashboard' section shows a progress bar for '0/7 sections complete' and links to 'Profile', 'Family', 'Education', 'Testing', 'Activities', 'Writing', and 'Courses & Grades'. The 'My Common Application' section shows a progress bar for '12 colleges on my list'. The right sidebar contains a 'Help & support' section with a search bar and a list of FAQs. The footer includes links to 'Need help?', 'System requirements', 'Accessibility information', 'License agreement', 'Terms of use', 'Fraud policy', and 'Privacy policy', along with social media icons and the copyright notice '© 2025 Common App'.

common app

Dashboard

APPLY

My Common Application

My colleges

EXPLORE

College search

Direct admissions

Financial aid

Settings

Sign out

Ruth Rodriguez
CAID 34294849
Practice account

This is a practice account. It cannot submit applications to colleges. If you'd like to change your account type, please review our [practice account FAQ](#) for more information.

Good evening, Ruth!

Dashboard

My Common Application

0/7 sections complete

Profile Family Education Testing Activities Writing Courses & Grades

My colleges

12 colleges on my list

Help & support

Search FAQs

Search takes you to the student solution center

How can I add a college to My colleges?

To add a college to your account:

Select **College search** from...

[Read full answer](#)

I already submitted, can I change some of my answers?

You can return at any time and change your answer to any question in the My Common...

[Read full answer](#)

How many colleges can I add to My colleges list?

You may add and apply to up

Need help? System requirements Accessibility information License agreement Terms of use Fraud policy Privacy policy

© 2025 Common App

THINGS TO KNOW

Create your college list – research the schools, majors, student life, and cost

Add deadlines to the list.

How will you apply?

- ▶ **Early Decision (Binding)**
- ▶ **Early Action (Non-Binding)**
- ▶ **Regular Decision**
- ▶ **Rolling Admission**

USE Student's PERSONAL EMAIL When Creating your Account



COMMON BLACK COLLEGE APP

COMMON BLACK COLLEGE APP IS USED
BY SEVERAL HISTORICALLY BLACK
COLLEGES AND UNIVERSITIES (HBCU)



- Visit the site to see participating schools
- Students can apply to all HBCUs on the portal for only \$20 application fee
- See your College and Career Counselor for additional questions and support.



Athletes--NCAA

- Hoping to play **D1 or D2** athletics?
- Visit **eligibilitycenter.org** to register
 - Do you have enough CORE courses?
- Request **transcript** be sent to NCAA



Sending Test Scores to Colleges

- ▶ SAT/ACT scores must be sent ***directly from*** College Board (SAT) and/or ACT to the colleges you are applying to.
- ▶ Scores on your transcript are NOT official.

The **ACT**[®]



SAT[®]

Sessions ~ See your Group # in Your Folder

College Admissions Panel ~ Enclosed Cafeteria

Learn more about four-year and two-year colleges and their admissions process

Apprenticeships, Military, NOVA IET

Visit the *Information Tables* in the **Commons**

Financial Aid & How to Pay for College Information ~ Auditorium

FAFSA & the many benefits of how the FAFSA could help with paying for College

Resume Building in Naviance ~ Room 1301

Naviance resume builder is a resource our students can use to help them create or enhance their resume. This session is for students to work on creating or finish building their resume.

GMU Guaranteed Admissions ~ Room 1302

Learn about the George Mason Direct Admissions program, its benefits and the opportunities for students.

Common App Workshop – Room 1303

Start or continue working on your Common Application. Learn how to answer some of the different questions, add colleges, research requirements, complete the activities list, and more.

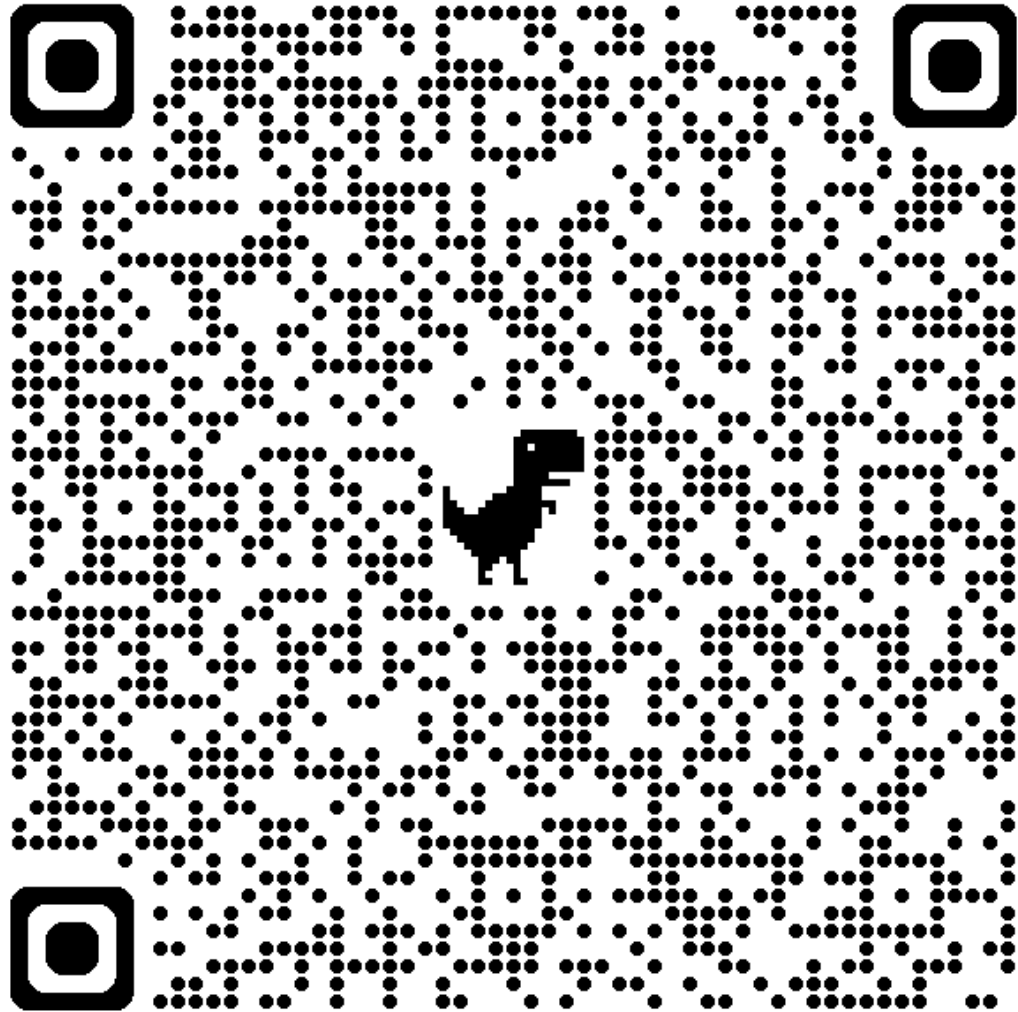
NCAA Information Session – Room 1302 (from 11:00am – 11:30am ONLY)

For future aspiring college athletes



Senior Sunrise!

Register TODAY!



QUESTIONS?

Mrs. Rodriguez
College and Career Counselor

rodrigre1@pwcs.edu



Thank You!